

Name: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Telephone: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Organization: \_\_\_\_\_  
 Title: \_\_\_\_\_

**1 Directions:**  
 Mark the response which best describes **how you feel you really are** on a scale from 1 to 5, with 1 being **no or least** and 5 being **yes or most**.

**2 Note NEW Directions:**  
 Mark the response which best describes **how you feel others expect you to be or act** on a scale from 1 to 5, with 1 being **no or least** and 5 being **yes or most**.

- |                              | No        | Yes |
|------------------------------|-----------|-----|
| 1. Trustworthy . . . . .     | ① ② ③ ④ ⑤ |     |
| 2. Gentle . . . . .          | ① ② ③ ④ ⑤ |     |
| 3. Spirited . . . . .        | ① ② ③ ④ ⑤ |     |
| 4. Understanding . . . . .   | ① ② ③ ④ ⑤ |     |
| 5. Individualistic . . . . . | ① ② ③ ④ ⑤ |     |
| 6. Esteemed . . . . .        | ① ② ③ ④ ⑤ |     |
| 7. Earnest . . . . .         | ① ② ③ ④ ⑤ |     |
| 8. Compassionate . . . . .   | ① ② ③ ④ ⑤ |     |
| 9. Convincing . . . . .      | ① ② ③ ④ ⑤ |     |
| 10. Bold . . . . .           | ① ② ③ ④ ⑤ |     |
| 11. Precise . . . . .        | ① ② ③ ④ ⑤ |     |
| 12. Adaptable . . . . .      | ① ② ③ ④ ⑤ |     |
| 13. Organized . . . . .      | ① ② ③ ④ ⑤ |     |
| 14. Aggressive . . . . .     | ① ② ③ ④ ⑤ |     |
| 15. Shy . . . . .            | ① ② ③ ④ ⑤ |     |
| 16. Compelling . . . . .     | ① ② ③ ④ ⑤ |     |
| 17. Calm . . . . .           | ① ② ③ ④ ⑤ |     |
| 18. Daring . . . . .         | ① ② ③ ④ ⑤ |     |
| 19. Spontaneous . . . . .    | ① ② ③ ④ ⑤ |     |
| 20. Outgoing . . . . .       | ① ② ③ ④ ⑤ |     |
| 21. Fussy . . . . .          | ① ② ③ ④ ⑤ |     |
| 22. Talkative . . . . .      | ① ② ③ ④ ⑤ |     |
| 23. Demanding . . . . .      | ① ② ③ ④ ⑤ |     |
| 24. Industrious . . . . .    | ① ② ③ ④ ⑤ |     |
| 25. Generous . . . . .       | ① ② ③ ④ ⑤ |     |
| 26. Careful . . . . .        | ① ② ③ ④ ⑤ |     |
| 27. Pleasant . . . . .       | ① ② ③ ④ ⑤ |     |
| 28. Conventional . . . . .   | ① ② ③ ④ ⑤ |     |
| 29. Warm . . . . .           | ① ② ③ ④ ⑤ |     |
| 30. Efficient . . . . .      | ① ② ③ ④ ⑤ |     |

- |                            | No        | Yes |
|----------------------------|-----------|-----|
| 31. Stable . . . . .       | ① ② ③ ④ ⑤ |     |
| 32. Sympathetic . . . . .  | ① ② ③ ④ ⑤ |     |
| 33. Persistent . . . . .   | ① ② ③ ④ ⑤ |     |
| 34. Agreeable . . . . .    | ① ② ③ ④ ⑤ |     |
| 35. Lively . . . . .       | ① ② ③ ④ ⑤ |     |
| 36. Dedicated . . . . .    | ① ② ③ ④ ⑤ |     |
| 37. Charming . . . . .     | ① ② ③ ④ ⑤ |     |
| 38. Complicated . . . . .  | ① ② ③ ④ ⑤ |     |
| 39. Self-assured . . . . . | ① ② ③ ④ ⑤ |     |
| 40. Cheerful . . . . .     | ① ② ③ ④ ⑤ |     |
| 41. Dependent . . . . .    | ① ② ③ ④ ⑤ |     |
| 42. Nice . . . . .         | ① ② ③ ④ ⑤ |     |
| 43. Congenial . . . . .    | ① ② ③ ④ ⑤ |     |
| 44. Adventurous . . . . .  | ① ② ③ ④ ⑤ |     |
| 45. Enthusiastic . . . . . | ① ② ③ ④ ⑤ |     |
| 46. Tolerant . . . . .     | ① ② ③ ④ ⑤ |     |
| 47. Fearless . . . . .     | ① ② ③ ④ ⑤ |     |
| 48. Optimistic . . . . .   | ① ② ③ ④ ⑤ |     |
| 49. Charitable . . . . .   | ① ② ③ ④ ⑤ |     |
| 50. Brave . . . . .        | ① ② ③ ④ ⑤ |     |
| 51. Persuasive . . . . .   | ① ② ③ ④ ⑤ |     |
| 52. Loyal . . . . .        | ① ② ③ ④ ⑤ |     |
| 53. Deliberate . . . . .   | ① ② ③ ④ ⑤ |     |
| 54. Outstanding . . . . .  | ① ② ③ ④ ⑤ |     |
| 55. Impulsive . . . . .    | ① ② ③ ④ ⑤ |     |
| 56. Controlling . . . . .  | ① ② ③ ④ ⑤ |     |
| 57. Soft-hearted . . . . . | ① ② ③ ④ ⑤ |     |
| 58. Systematic . . . . .   | ① ② ③ ④ ⑤ |     |
| 59. Good-natured . . . . . | ① ② ③ ④ ⑤ |     |
| 60. Analytical . . . . .   | ① ② ③ ④ ⑤ |     |

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